

# Contact Lens Agreement

*Bergamo Vision*

**Patient Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Proper contact lens care is necessary for successful wear, normal lens life, and good eye health. The following guidelines are provided for you to maximize your success with contact lenses and to minimize risks of complications including infection, vision loss, and blindness. Alternatives to wearing contact lenses include wearing glasses or refractive surgery to correct your vision.**

- Always wash your hands with soap and warm water and dry your hands off before handling your lenses.
- Do not ever sleep in your contact lenses unless you have been told you are safe to do so by your optometrist.
- Do not swim in your contact lenses or let your contacts come in contact with water. There are potential contaminants in all water that can cause serious infection.
- Replace your contacts as directed by your optometrist. Wearing contacts longer than their intended duration puts your eyes at increased risk for infection.
- **Your lens replacement schedule is:** \_\_\_\_\_
- Immediately remove your contact and see your optometrist immediately if you experience redness, irritation, sensitivity to light, mucous, pain, or decreased vision. These symptoms can be indications of infection and often require prescription medications. Do not wear your contacts during an episode of infection. Your optometrist will let you know when it is safe to wear contacts again.
- Make sure you always have a usable pair of back-up glasses. You may have to rely on them for up to several weeks in the case of an infection. Not having eyeglasses will not justify contact lens wear during an infection.
- Always use fresh contact lens solution; Do not reuse, keep, or "top off" solution. After inserting your contacts, pour out the remaining solution in the case and let the case air dry with the caps off.
- Several times a week, wash your case with soap and warm water and allow it to dry before use again. Replace your contact lens case every 3 months to assist in keeping your lenses clean.
- **Your recommended contact lens cleaning system is:** \_\_\_\_\_
- Do not use eye drops that advertise "gets the red out" (i.e. Visine, Clear Eyes). There are over-the-counter drops available for contact lens rewetting and your optometrist can suggest an appropriate one for you if you experience occasional dryness.
- Your eyes and contacts will need to be assessed again in one year. This is to ensure that your eyes are still healthy enough to support contact lens wear and that your current contacts and cleaning system are still the best ones for your eyes.

**Your contact lens fitting/evaluation cost is \$\_\_\_\_\_ and includes any follow-up visits within 60 days of your initial evaluation. Any additional visits needed after what is included in the fit fee or beyond 60 days will be \$25.00 each.**

Note: Medical office visits (ex: red eyes, etc...) are not covered under follow-up visits and will be billed as a separate exam if necessary. Additionally, you are free to take your contact lens prescription to another retailer, but you will be subject to their exchange policy.

**I have reviewed and understand the above guidelines and acknowledge that compliance with these guidelines is necessary for healthy contact lens wear and that non-compliance with these guidelines puts one at increased risks for complications and vision loss. I also understand the alternatives to contact lens wear and wish to proceed with the contact lens fitting.**

\_\_\_\_\_  
Patient/Guardian Signature

\_\_\_\_\_  
Date